

YOU WILL LEARN

An overview of the profession of hypnosis

Basic and advanced self-hypnosis

Importance and use of suggestibility tests

To access the client's five sense modalities

The benefits of hypnosis

How to explain hypnosis

How to hypnotize

Basic induction techniques

Hypnosis depth training

Speed hypnosis

Deepening and awakening techniques

How to do a "progressive relaxation" induction

Regression techniques

How to integrate hypnosis and cognitive behavioral techniques

Reframing techniques

Positive model building techniques

How to formulate effective post-hypnotic suggestions

Applications of hypnosis

Communication skills

Self-improvement uses of hypnotic techniques

How to set up your practice and build your clientele

BECOME A CERTIFIED HYPNOTIST

WHITE MOUNTAIN REFLECTION CENTER

**Establish a career in
Hypnotherapy.**

**Add additional skills to your
present profession.**

**Gain satisfaction by helping
others to improve themselves.**

**Learn to apply techniques for
personal achievement.**

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Michael R. Hathaway
Doctor of Clinical Hypnotherapy
Board Certified Hypnotist
Certified Hypnosis Instructor

TUITION INCLUDES

100 hours of training

Hypnosis scripts

Hands-on experience

Business marketing video

Motivational audio tape

Chevreur's pendulum

One year membership in the
National Guild of Hypnotists

**ON SATISFACTORY COMPLETION,
YOU WILL BE AWARDED
CERTIFICATION BY THE NATIONAL
GUILD OF HYPNOTISTS.**

Private or small group instruction can
also be arranged.

Mastercard, Visa, Paypal accepted.

TUITION:

\$1200

Includes NGH course materials
Plus "The Everything Hypnosis Book"

